Session 3 – The Eucharist is about sharing – Part B

Slide 9 - Jesus welcomes everyone

Jesus welcomes everyone

To follow the Lord we have to

- ❑ Trust in God's love
- ❑ Worship our God in truth
- ❑ Share what we have with those in need
- ❑ Become servants to all
- ❑ Learn to forgive
- ❑ Share God's love with everyone

Many followed

Some did not

Parent Notes – put following points in your own words

- The hospitality Jesus offers is a sign of God's enduring mercy.
  - It is the expression of God's kindness, love and compassion
  - It communicates Gods' wholehearted acceptance of who we are – a beloved child
  - It is a way to heal the effects of exclusion, isolation, dissension and disaffection
- Biblical hospitality is a sacred duty, an act of justice required for moral living.
- Christ expands the understanding of Biblical hospitality beyond those who lack the familial and communal ties that provided protection (the widow, the orphan, the stranger, the poor) to those who experienced spiritual alienation (the sinner, the outcast).
- The welcome Jesus offers transforms the way we see others and ourselves.

- **Slide 10 - Jesus invites all to become disciples**

Parent Notes – put following points in your own words

- **Discipleship is <u>not</u> limited** to only a few. It includes people of every age, rich and poor,
- people from every ethnic and racial background etc. In the Body of Christ everyone is welcome **if** they are willing to follow the path Jesus walks. If we are not ready to walk the path quite yet, Jesus waits until we are and then invites us again.
- Many have said **yes** to Jesus' invitation. Others say no. The choice is up to each person. Jesus welcomes and invites but does not force.
- Celebrating the sacraments, especially the Eucharist, strengthens and unites us to do the work of being disciples of Christ.

Slide 11 - We become what we receive

Parent Notes – put following points in your own words

- In the Eucharist two very important changes occur
  - Our simple gifts of bread and wine become the Body and Blood of Jesus
  - When we receive the Body and Blood of Christ, we become the Body of Christ.
- St. Paul, tells us, that as the Body of Christ we are to

  "Be careful for yourselves and for all the people God has given you. The Holy Spirit gave you the work of caring for this flock. (Act 20: 32; 28)

  This is why we say, **we are in this together**. Every part of the body must contribute to the health and well-being of the body, just like all members of a family must share their unique gifts and strengths to keep the family strong.
- As Christ's Church, we must work with the other members of Body of Christ to care for God's people. We do this by
  - Praying with and for them
  - Forgiving them and asking for their forgiveness
  - Caring for them when they are in need
  - Serving them
  - Sharing with them through what we say and do, that God loves them.

The final activity of the Retreat is a simple act of service done as a family.

Think Encouragement

Who do you know who might need a message of encouragement these days? How could you send that message in a creative and fun way? Here are a few ideas, but let your own creative juices flow.

1. Create a yard sign or poster for you front window with a message of support and encouragement for your neighbors.
2. Create short fun messages of encouragement on cardstock. Decorate them and deliver them to the houses on your block. Sign them: From your neighbors the ____Family.
3. Design and create your own messages of thanks and encouragement and give them to a checker at the groceries store, your mail carrier, the manager or owner of your favorite take out restaurant (anyone who would be surprised to receive one).
4. Create a small gift basket, or bake a tray of cookies and drop them off for your local police department or fire house.
5. Make a short family video message of support and encouragement and send it to another family you are friends with, your teacher, your grandparents…

Whatever you do, take a picture of your family creating it or the final product and send it to Marta Robak, mrobak@holyfamilyparish.org or post it on either the HFCA Facebook page or the Family Faith Facebook page.

You are amazing!
We are so proud of you
and look forward to welcoming you to
the Table of the Lord!