

Meditations for young Children on the Joyful Mysteries

The adult leading the Rosary can announce the mystery before each decade or they can have various family members take turns announcing the mystery and leading the decade. Sometimes asking the child/ren a question to think about helps them understand and focus on the mystery. If you choose to do this give them 15-20 seconds after asking the question to think of an answer. You can choose to have them share their answer aloud or just think about it quietly in their mind.

Leader: Today when we pray our rosary (or decade) we are going to think about happy times in Mary's life. We call these the Joyful Mysteries.

The Annunciation: The angel Gabriel tells Mary she is going to be the Mother of Jesus.

Optional reflection question: How do you think Mary felt when she was told she was going to be the mother of the baby Jesus?

The Visitation: Mary visits her cousin Elizabeth. Elizabeth's baby (St. John the Baptist) recognizes Mary's baby (Jesus), even before he or Jesus are born!

Optional reflection question: How do you think Mary and Elizabeth felt, being together?

The Nativity: Mary gives birth to Jesus in a manger.

Optional reflection question: What do you think Mary thought when she was holding the newborn baby Jesus?

The Presentation: Mary and Joseph took Jesus to the Temple for the first time, and Simeon and Anna recognize Jesus as the Messiah.

Optional reflection question: How do you think it made Mary feel when Simeon and Anna recognized how special her baby was?

Finding Jesus in the Temple: Mary and Joseph realize Jesus is lost and have to go look for him. They find him talking with the teachers in the Temple.

Optional reflection question: Have you ever been lost in a crowded place? How do you think it made your parents feel? How do you think Mary felt when she and Joseph found him and she knew he was safe?